



GRANT ELEMENTARY

GRIZZLY NEWS January 2024

CONTACT US

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Grant Elementary-WRPS

From the Desk of Mrs. Calteux....

Dear Grizzly Families,

Welcome back from winter break! I hope you all had a restful and joyful time with your loved ones. As we embark on the second half of the school year, I would like to express my gratitude for your continued support and involvement in our school community.

****Internet Safety Awareness****

In this digital age, it is crucial to prioritize the safety of our children online. As technology becomes an integral part of education, we want to remind parents and guardians to stay vigilant about their children's internet activities at home. Please take the time to engage in conversations with your child about the importance of responsible online behavior, the potential risks, and the significance of privacy. Regularly checking personal devices and knowing what your children are watching on platforms like TikTok and other social media sites can contribute to a safer online experience for our young learners.

****PAG Fundraiser Success****

A **big thank you** to everyone who supported our Popcorn and Fudge Sales organized by our Parent Advisory Group (PAG). Thanks to your generosity, we raised over \$4,600! Your commitment to our school and community is truly appreciated. I also want to extend my gratitude for the smooth pick-up we had in December. Thank you to all of the volunteers who helped organize and distribute the hundreds of items.

****Positive Student Leadership at Grant Elementary****

We are immensely proud of the positive student leadership demonstrated by our 5th grade Safety Patrol Cadets and our Junior Coaches in 4th and 5th grade. Our Safety Cadets have been instrumental in ensuring the safety of our younger students, guiding them through hallways and crosswalks with responsibility and care. Their commitment to fostering a secure school environment is commendable. Additionally, our Junior Coaches on the playground have become a vital role in creating a fun and safe space for all students during recess. These 4th and 5th grade leaders take on the responsibility of guiding their peers in cooperative play, conflict resolution, and inclusive activities, making the playground a place where every child can learn and play happily. Their dedication to promoting a positive school culture is truly inspiring, and we appreciate the leadership and guidance they provide to their fellow students.

**PLEASE CALL BEFORE 11 AM
WITH AFTER SCHOOL CHANGES**



January Calendar

- 01 Winter Break/NO SCHOOL
- 05 Spelling Bee 4th/5th Grades
- 09 Math 24 Competition
4th/5th Grades
- 15 Record Keeping for Staff
NO SCHOOL
- 22 Safety Patrol Cadet
Breakfast w/Deputy Yenter
- 29- Healthy Smiles 2nd/3rd
30 Grades

MEALTIME PRICES

Check your account via
[Skyward Family Access](#)

Breakfast

Paid	\$1.50
Free/Reduced	\$0.00

Lunch

Paid	\$2.15
Reduced	\$0.40
Free	\$0.00

Milk

\$0.45

Students who take a milk for their cold lunch, or an extra milk with their hot lunch, will be **charged \$0.45**, regardless of pay status (i.e., Free, Reduced).

From the Desk of Mrs. Calteux *Continued:*

As we move forward into this new year, let us continue working together to create a positive and nurturing learning environment for our students. Thank you for being an essential part of the Grant Elementary School community.

Wishing you all a wonderful start to 2024!

Warm regards,

Mrs. Calteux
Principal, Grant Elementary School

Cold Weather Guidelines

With cold weather on the way, please remember to send your student to school with boots, a hat and gloves/mittens to stay warm on the playground. We ask ALL students to wear boots. If it does warm up during the day, they can always take a layer off, but better to be prepared than to be without warm clothing.

What is my Child Expected to Wear?

KG-4th Grade Students

- Snowsuits or winter coats/snow pants
- Winter boots
- Hats/Headbands
- Gloves/Mittens

5th Grade Students

- Winter coats/snow pants
- Winter boots or hiking boots
- Hats/headbands
- Gloves/Mittens



All students MUST have a change of shoes for the classroom!!

CRUNCH
into
CARROTS



Carrots are the Harvest of the Month!

Add carrots to your favorite family meals:

- Add shredded carrots to salads, slaw, or sandwiches.
- Roast carrots and serve as veggie fries.
- Bake with carrots! Add shredded or cooked and mashed carrots to muffins, cakes, and cookies.

Make meals and memories together. It's a lesson kids will use for life.

Select – Choose smooth and firm carrots with a deep color and fresh, green tops.

Store – Remove green tops and refrigerate in a plastic bag for up to 2 weeks.

Prepare – Scrub under running water to remove dirt. Peel if desired.

Did you know?

Carrots come in a rainbow of colors including purple, yellow, white, red, and orange. All carrots have many nutrients, but each color contains different phytochemicals. Phytochemicals act as antioxidants in our body and protect our cells from damage.



Nutritious, Delicious, Wisconsin!
#WIHarvestoftheMonth



UNIVERSITY OF WISCONSIN-MADISON

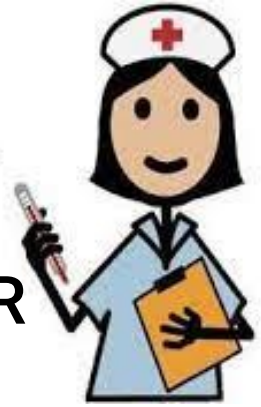
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**WISCONSIN RAPIDS
PUBLIC SCHOOLS**

JANUARY 2024

SCHOOL NURSE NEWSLETTER



****We hope everyone was able to spend time with their families and enjoy the Christmas break. We are excited to have everyone back and hopefully healthy!!

Vision Screening

A few elementary schools are starting or have completed the vision screening. Please be on the lookout for a permission slip. If there were any concerns for those who completed the screening, a referral was sent home with your student.

COVID Guidelines

Students may return to school within 24 hours of testing positive. They will just stay home if not feeling well and are unable to participate in class (or if they have a fever). If a fever is present, they should stay home until fever-free for 24 hours (without using fever-reducing medication). There are no masking stipulations. We are not tracking cases at all.

Illness

As a general rule of thumb, please keep your student home if they are not feeling well enough to attend or until fever-free (less than 100.4 degrees) for 24 hours without the use of fever-reducing medications. Please keep your student home until diarrhea/vomit-free for 24 hours past the last episode.

Anytime your student is seen by a healthcare provider for any illness or medical appt, please ask for a doctor's note to excuse them (they are allowed 10 days per year before a doctor's note is required.)

RSV (Respiratory Syncytial Virus)

A common respiratory virus that usually causes mild cold-like symptoms. Most people recover in a week or two, but RSV can be serious, especially in infants and older adults. A nasal swab can be taken to confirm RSV at any clinic. Symptoms usually include:

- Runny nose
- Decrease in appetite
- Coughing/Sneezing/Wheezing
- Fever

For care of, transmission, and prevention of RSV, please view the following [link](#)

Influenza (Flu)

Influenza is a contagious respiratory illness caused by influenza viruses that infect the nose, throat, and sometimes the lungs. It can cause mild to severe illness. A nasal swab can be taken to confirm influenza at any clinic. Symptoms usually include:

- Fever/Chills
 - Cough
 - Sore throat
 - Runny/stuffy nose
 - Muscle/body/headaches
 - Fatigue
 - Vomiting/diarrhea
- (this is more common in children than adults)

For care of, transmission, and prevention of influenza, please view the following [link](#).

The **WRPS** WISCONSIN RAPIDS PUBLIC SCHOOLS Nursing Staff

wishes you and yours a healthy and

happy new year



**WISCONSIN RAPIDS
SCHOOL NUTRITION**
Real food for Rapids kids

JANUARY

BREAKFAST MENU

GRANT, THINK ACADEMY & WOODSIDE



AS PART OF A DISTRICT-WIDE NUTRITION-FOCUSED INITIATIVE, WE'RE WORKING TO PROVIDE A **HEARTIER, HEALTHIER BREAKFAST**, WITH **LESS SUGAR AND MORE PROTEIN**, TO GIVE STUDENTS A GREAT START TO THEIR DAY! OUR EGG AND CHEESE BREAKFAST SANDWICHES AND BURRITOS ARE MADE IN-HOUSE WITH **SIMPLE, WHOLE INGREDIENTS**. THESE DELICIOUS MEALS ARE SURE TO FILL STUDENTS UP WITH THE ENERGY THEY NEED TO LEARN, GROW, AND PLAY



M 1 NO SCHOOL WINTER BREAK	T 2 COLD CEREAL CHEESE STICK	W 3 BREAKFAST PIZZA	TH 4 WHOLE GRAIN MUFFIN YOGURT	F 5 CHEESE OMELET WHOLE GRAIN TOAST
M 8 COLD CEREAL CHEESE STICK	T 9 EGG + CHEESE BREAKFAST SANDWICH	W 10 BAGEL W/ CREAM CHEESE HARD BOILED EGG	TH 11 HOMEMADE GRANOLA YOGURT	F 12 EGG + CHEESE BREAKFAST BURRITO
M 15 NO SCHOOL PROFESSIONAL DEVELOPMENT DAY	T 16 COLD CEREAL CHEESE STICK	W 17 BREAKFAST PIZZA	TH 18 WHOLE GRAIN MUFFIN YOGURT	F 19 CHEESE OMELET WHOLE GRAIN TOAST
M 22 COLD CEREAL CHEESE STICK	T 23 EGG + CHEESE BREAKFAST SANDWICH	W 24 BAGEL W/ CREAM CHEESE CHEESE STICK	TH 25 HOMEMADE GRANOLA YOGURT	F 26 EGG + CHEESE BREAKFAST BURRITO
M 29 COLD CEREAL CHEESE STICK	T 30 EGG + CHEESE BREAKFAST SANDWICH	W 31 BREAKFAST PIZZA	<p>Questions about school breakfast or lunch? Contact us at schoolnutrition@wrps.net</p>	

SELECTION OF MILK & FRUIT OFFERED DAILY

BREAKFAST PRICES

PAID: \$1.50

FREE & REDUCED: NO CHARGE

ADULT: \$2.60 CHILD VISITOR: \$2.00

MENU ITEMS SUBJECT TO CHANGE



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WRPS.ORG/FOODSERVICE

REAL FOOD FOR RAPIDS KIDS



WISCONSIN RAPIDS SCHOOL NUTRITION

Real food for Rapids kids

JANUARY

LUNCH MENU

ELEMENTARY

*DAILY ENTREE INCLUDES A CHOICE OF OPTION 1 OR OPTION 2
*ALL BREAD/GRAINS OFFERED ARE WHOLE GRAIN RICH



NEW YEAR, NEW MENUS! TO ACCOMPANY SOME OF THE FRESH CHANGES WE'VE BEEN MAKING TO THE SCHOOL MEALS RECENTLY, WE WANTED TO BRING YOU A FRESH, NEW LOOK TO OUR MENUS! QUESTIONS? CONTACT US AT SCHOOLNUTRITION@WRPS.NET.



M 1 NO SCHOOL WINTER BREAK	T 2 HAMBURGER OR VEGGIE BURGER Taco Chips / Salsa	W 3 CHEESE QUESADILLA OR CHICKEN FAJITA Shredded Lettuce Salsa	TH 4 MACARONI & CHEESE WHOLE GRAIN ROLL OR TURKEY BURGER	F 5 HOMEMADE LASAGNA OR YOGURT STRING CHEESE Whole Grain Roll
M 8 CHICKEN STRIP WRAP OR HAM SANDWICH Steamed Corn	T 9 CARNITA PORK NACHOS OR HOMEMADE BEAN & CHEESE BURRITO Lettuce / Tomatoes Spanish Rice / Salsa	W 10 CHEESE RAVIOLI BREADSTICK OR BBQ BEEF RIB SANDWICH Whole Grain Choc. Chip Cookie	TH 11 CHEESE OMELET OR YOGURT STRING CHEESE French Toast Bake Deli Roaster Potatoes	F 12 WENZEL'S FARM BEEF & PORK HOT DOG OR TURKEY & CHEESE CHEF SALAD / WHOLE GRAIN BUN
M 15 NO SCHOOL PROFESSIONAL DEVELOPMENT DAY	T 16 TOASTED CHEESE SANDWICH OR TURKEY SANDWICH Tomato Soup Saltine Crackers	W 17 ROASTED TURKEY IN HOMEMADE GRAVY Mashed Potatoes Steamed Broccoli Whole Grain Roll	TH 18 PORTESI CHEESE FRIES OR BREAKFAST POWER PACK	F 19 HOT HAM & CHEESE ON PRETZEL BUN OR FALAFEL PITA
M 22 SLOPPY JOE OR TURKEY HOT DOG Seasoned Potato Wedges	T 23 CHEESE FILLED BREADSTICKS OR CHICKEN DRUMSTICK WHOLE GRAIN ROLL Steamed Corn	W 24 HOMEMADE CHILI OR YOGURT STRING CHEESE Whole Grain Rotini	TH 25 POPCORN CHICKEN BREADSTICK OR HAM SANDWICH	F 26 CHEESEBURGER OR BREADED FISH SANDWICH
M 29 MANDARIN CHICKEN OR CRUNCHY FISH STICKS Brown Rice	T 30 SOFT SHELL PORK TACOS OR CHEESE QUESADILLA Shredded Lettuce Diced Tomatoes Salsa	W 31 BAKED CHICKEN NUGGETS WHOLE GRAIN ROLL OR PIZZABLE Sweet Potato Fries		

MILK, FRESH FRUIT + VEGETABLES OFFERED DAILY

KNOW YOUR FOOD

- VEGETARIAN
- FARM TO SCHOOL
- HARVEST OF THE MONTH

LUNCH PRICES

PAID: \$2.15 REDUCED: \$0.40
 FREE: NO CHARGE
 ADULT: \$4.65 CHILD VISITOR: \$3.00



FOLLOW US @WRSCHOOLNUTRITION
WRPS.ORG/FOODSERVICE

REAL FOOD FOR RAPIDS KIDS

MENU ITEMS SUBJECT TO CHANGE